

# Temple of the Sacred Feminine &

## The School for Women Healers

Sophia Center, MD ~ September 2010 – May 2011

with Sheila Foster, M.A.

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September 16 – 19, 2010; November 11-14, 2010;

March 17 – 20, 2011; May 19 – 22, 2011

**Registration by June 5**



An Invitation to Radical Transformation and Awakening:

Women's Temple Initiation is a profound and mysterious thing.

In 1983, the Temenos Center was birthed after an arduous kundalini labor and several deeply significant archetypal dreams. It became a sacred space where workshops and trainings were offered in Jungian psychology, the archetypal Feminine, and eventually Samyama Meditation and Healing.

The School for Women Healers emerged within the Temenos and is a living field of consciousness that has been unfolding and EVE-olving as a vital contemporary Women's Mystery School and ongoing community ever since. Participation brings about radical paradigm shifts, deep healing, and awakening within the Eve-olving field of the Sacred Feminine energies. Archetypal initiations take us on a serpentine, spiraling journey of shedding the skins of our old conditioned identities and patterns, revealing the treasures hidden in our shadow, and empowering us in unimagined and/or longed-for ways. The portal to the quantum field of all possibilities becomes accessible. We grow, we love more, we heal, we wake up, we become more creative, we embody our soul's purpose in the world.

The School for Women Healers, also called the Temple of the Sacred Feminine, is a contemporary women's mystery school that offers a *temenos*, a safe and sacred space for women who are called to the Sacred Feminine fire. This *temenos* offers community, education, initiation, and support for women who are devoted to living an embodied, awakened life in and from the sacred alchemical Fire of the Heart. It is for women who are called and ready to serve the awakening of consciousness and the invocation and empowerment of the embodied Feminine on the planet. Many women are now intensely feeling their longing as well as a deep, cellular *call* from the Great Mother to be awake, to allow their hearts to break open and heal, and to step forth to live their soul's purpose as vessels of Divine Shakti, each in her own uniquely beautiful and amazing way. What is your deepest longing for?

Who is this for?

- Women of all ages who feel *called*

- Women who either know in their hearts and bones that they serve as healers, priestesses, mystics, visionaries, and shamans, or don't realize it yet, or may not yet be able to own it.
- Women who serve and/or work with other women in any capacity
- Women who feel called or long to serve and empower other women
- Women who are on the path of the Wounded Healer, who are being initiated into their healing gifts via their own wounds... or want to be.
- Women who are ready for the next initiation Life is offering them
- Women who want a safe and Shakti-filled container, a nest for the hatching and emergence of their wondrous gifts
- Women whose hearts are filled with longing
- Women who are ready and willing to harvest the resources and treasures held in their shadow
- Women who want to be part of a community of women gathered around the fire of devotion to being awake to the Sacred Feminine, and to the empowerment of all women and men
- Women who long to see HER face... feel HER body... rest in HER heart

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*Suggested Readings:* (there is an extensive bibliography on [www.templeofthesacredfeminine.com](http://www.templeofthesacredfeminine.com) )

- **Sacred Feminine Initiation: An Archetypal Journey** – Sheila Foster (E-Book available in Temple Store)
- **Descent to the Goddess** – Sylvia Perera
- **The Feminine Face of God** – Sherry Anderson & Patricia Hopkins
- **The Moon and the Virgin** – Nor Hall

*Suggested Listening:*

- *Meditations from a Women's Mystery School, Vol. 1: Invoking the Sacred Feminine* (can be purchased at [www.dangerousoldwomen.com](http://www.dangerousoldwomen.com) )
- *Meditations from a Women's Mystery School, Vol. 2: Invoking the Sacred Masculine*

*Suggested Viewing:*

- *Eve's Fire* – an evocumentary we made about Eve, kundalini, women's spiritual initiation and the archetypal process (can be purchased at [www.dangerousoldwomen.com](http://www.dangerousoldwomen.com) )

These will also be available for purchase at the Portal



## 2010-2011 Temple of the Sacred Feminine Maryland

Dates: September 16 – 19, 2010; November 11-14, 2010; March 17 – 20, 2011; May 19 – 22, 2011

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### Curriculum for 2010-2011 Temple

#### First Year Women: Invocation of the Sacred Feminine Archetypes

Women coming into the Temple for the first time, as well as women who have been in the Temple but have not been initiated into the Feminine Archetypal Initiations, will be invoking and initiated into the archetypal energies of the **Mother**, the **Amazon**, the **Lover**, the **Medial**, and the **Queen**. You can read about these archetypes and the journey in my e-book **Sacred Feminine Initiation: an Archetypal Journey**, available at the link below.

<http://www.templeofthesacredfeminine.com/Temple/TempleStore/index.html>

#### Second Year: Invocation of the Masculine Energies in Women

When women are grounded in the Feminine and continuing to work with the transmutation of the Feminine shadow and the harvesting of those gifts, the next invocation and initiation is into the masculine archetypes of Father, Warrior, Lover, Magus and King, as they show up within women and in their outer lives.

**Women who have been through the Feminine initiations will be invoking the masculine in the coming Temple.** Even if you have been through this before, it will be a different experience for you now. The times are very ripe for this invocation and initiation.

~ Please email me to make time for a phone call if you have questions ~

temenosctr@aol.com

## Estrimonials about the Temple and Samyama

**To read what women who have been in the Temple have to say about their experience:**

[http://www.templeofthesacredfeminine.com/articles/article\\_estrimonialsforsacredfeminineinitiation.html](http://www.templeofthesacredfeminine.com/articles/article_estrimonialsforsacredfeminineinitiation.html)

**For Samyama estrimonials:**

[http://www.templeofthesacredfeminine.com/articles/article\\_whatpeoplesay.html](http://www.templeofthesacredfeminine.com/articles/article_whatpeoplesay.html)

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## Requirements for being in the 2010-2011 Temple of Initiation

For New Women: Participation in at least one or two Portals, or the June retreat so you can get a sense of the ethos of this community, the depth of the work we do, how I work with groups and individuals, and whether it feels right for you. If you feel called to apply, **I would like to have two sessions with you before you sign your covenant.** These sessions help us get to know each other, give you a sense of how I work with you, and gives me a sense of your longing, your call to this, and and some info about your background. It's also a time when you can ask me any questions you may have.

Personal Deep Process Sessions: - I have found that it is essential that **each woman be doing deep process work of some kind, preferably Samyama as part of it, twice a month with one practitioner for both sessions. This is not optional.** *Working with different practitioners each time does not do what needs to be done.* You can continue to work with your current Samyama Practitioner or other psychotherapist. Please let me know if you need a referral to see someone in person in your area.

*This commitment is for two sessions per month, beginning when the Temple year begins in September, if not before, and continues through the last meeting of our Temple year in May. This is essential for each woman and for the group field.*

I will be having check-in phone calls once per month with each new woman during the temple year to support your temple work. This is included in the tuition. The length of these calls may vary from 15 minutes to longer, depending upon what is needed. **These check-ins are not a substitute for your two calls per month with your regular practitioner.**

Temple Meetings: We meet four weekends for four days each, for a total of 16 days, from September to May, 12 noon – 5pm. The commitment is to attend all meetings. Occasionally, something extraordinary comes up and it's not possible to make a meeting.

Teleconference Calls: To sustain continuity and connection, as well as practice and deepen the work, there will be one tele-temple call in each month between our regular Temple meetings: **October 19, December 21, January 18, February 15, and April 19.** Occasionally a change of these dates may need to happen.

Personal Ritual Work: For each archetypal initiation, there are sacred questions to write/respond to, art and/or writing projects, self inquiry, and practice and skill building with partners from the group. Some of this practice work with other Temple participants can happen by phone. “PR” as it has been called, may bring up resistance. Know that this is all grist for the initiatory mill and you are strongly encouraged to bring it up with me and in the Temple vessel, in the weekend gatherings or on the teleconference calls. Also, women who have been in the Temple are available to serve you as mentors. There is always help available and you are encouraged to ask for it. If your practitioner has been in the Temple, she can be an invaluable resource for your work and process.

Temple Covenants: The covenant is a sacred agreement between you, the other Temple members, and me. Ultimately, it is between you and yourself. The covenant is part of the weave of Temple container that makes it reliable and safe. It also keeps the energies contained and strong. The leaking of energy from the Temple vessel can occur when any of us are not fulfilling our commitments. Keeping our agreements insures a strong and powerful container for the initiation process. The way the Temple is structured has evolved over 25 years, and what works really works. If any of the agreements bring up questions or resistance, you are invited to speak them to me or in the Temple vessel.

I provide a covenant for each of us to sign that names the agreements we make regarding attendance, dates, teleconference calls, payments and due dates for payments, personal ritual work. This eliminates confusion about the details and formalizes our agreements so that we may hold them as sacred. I work out a schedule of five payments beginning with registration, and I can negotiate a monthly or bi-monthly plan if that works better for you. The tuition is non-negotiable, I don't do barter, or offer reduced fees for this work. Everyone pays the same. This keeps it clear for all. I can take credit cards and checks. Payment for sessions with me are \$115 and there is a separate covenant for this individual work.

Temple Tuition: **\$2500.** This includes four 16 days of initiation in the Temple, 5 teleconferences, Personal Ritual Work for each archetype, and check-in calls with Sheila for new women.

Tuition Due Dates: **\$500 due June 5 with registration, and \$500 due September 1, December 1, 2010; March 1, & May 1, 2011.** I am open to other payment plans, such as 9 monthly payments after the deposit. Full tuition must be paid by May 1.

**Payments for Temple and sessions can be made by credit card or check.**

**Refunds:** Requests may be made in writing, and are as follows: full refund until July 1. After that half until September 1. After September 1 there are no refunds unless it is a hardship request. The covenant is a commitment for the full year's participation and payment, unless extraordinary circumstances occur. If you choose not to come for a day or a full weekend, that is still your financial responsibility.

*Suggested Readings:* (there is an extensive bibliography on [www.templeofthesacredfeminine.com](http://www.templeofthesacredfeminine.com) )

- **Sacred Feminine Initiation: An Archetypal Journey** – Sheila Foster  
<http://www.templeofthesacredfeminine.com/Temple/TemplateStore/index.html>
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Sheila Foster, M.A.

I have been teaching Jungian Psychology with particular emphasis on the Feminine and working with Sacred Feminine initiation since the early 80's. I had no idea I was starting a women's mystery school, or even that such a thing was possible. To learn more please follow the link below, and read the preface of my E-Book, **Sacred Feminine Initiation: An Archetypal Journey.**

I have a deep interest in masculine spirituality and working with men and couples, as well. The archetype of the Sacred Marriage and the alchemy of relationship, are important aspects of my work.

Samyama literally dropped into my meditation about 17 years ago and I don't know what life would be without it. It transformed from a 'practice' to a way of living and seeing from my heart rather than my head. I have taught the mediation practice to many people and have trained many healers in the Samyama Healing approach over the years, and have witnessed many miracles and always the Mystery at work with us.

**For more information, please check out my websites: [www.temenoscenter.org](http://www.temenoscenter.org) or email me.**