



Spring Portal: Retrieving the Soul of the Lover



Into the Realms of the Lover:

Do You Want to Enter or Escape?

or Both?

~ Sheila Foster ~

Sunday March 21, 2010 ~ the Second Day of Spring!

12 – 5 pm ET ~ Sophia Center ~ Discount if registered by March 1, 2010



The first day after the Spring Equinox is a perfect day for each of us to retrieve some aspect of the Soul of the Lover within us.

This is a wonderful time to harvest the gifts and energies of the Lover who has fallen into shadow because she was not seen, cherished, nurtured, or treated as the Precious One that she is. The Lover who is calling to be embraced and integrated may appear as a small baby, a little girl, a teenager, a younger or mature woman. The territory of Lover woundings includes the body, early attachment issues, relationships, compassion, forgiveness, self-love, creativity, self expression, sexuality, and spirituality.

The Lover archetype holds the keys to healing, embodiment, body image, self-love, health, relationships, devotion, passion, forgiveness, creativity, sensuality, sexuality, the expression of our true self and voice in the world, and awakening to our essential nature as Love. It is the wounded Lover whose Sacred Heart weeps with our suffering. You can read more about the Lover in *Sacred Feminine Initiation: An Archetypal Journey*, see below.

Healing and Awakening the Lover within is truly going to the Heart of Matter.

We are both Heart and Matter, soul and body, conditioned human women as well as infinite, unconditioned Presence and Love. This portal is an opportunity to embrace all of yourself, invite and welcome wounded parts of you back, and open to the Mystery that you are.

I am spring out of winter's death

I am the first door,

eye in the flower,

Orifice: entry or escape?

~Meinrad Craighead

Do you want to enter or escape? Or both? Are you willing to step across the threshold to meet your Lover? What is your longing?

♥Registration:

Tuition: \$125 paid by March 7 ~ \$145 after that.

Please email me to register. If we have not yet met, I'd like to "meet" you by phone first. Please make checks to Sheila Foster 4928 Carter Court Boulder, CO 80301 – Credit Cards accepted.

Cancellation policy: Full refunds minus \$50 processing fee until March 7, after that there are no refunds but the tuition may be transferred to the portal in May 2010.

Please bring a snack for yourself.

If you need directions to Sophia Center, please email me: temenosctr@aol.com

♥ Resources ♥

To learn more about the Lover archetype, my e-book, *Sacred Feminine Initiation: An Archetypal Journey*, is available for \$10 in the Temple Store:

<http://www.templeofthesacredfeminine.com/Temple/Home/index.html>

Meditations from a Women's Mystery School, Vol. 1, Invoking the Sacred Feminine is a wonderful guided journey for invoking all of the archetypes and communicating with them. This is available at the Dangerous Old Women website: <http://www.dangerousoldwomen.com/>

Eves Fire, our evocumentary film, is a glimpse behind the veils of the women's mystery school where you can hear women speak their experiences of archetypal initiations. This is also available for purchase at the Dangerous Old Women website.

Sacred Feminine Initiation: An Archetypal Journey by Sheila Foster



This small book is the first written fruit from a 30 year journey that documents the first days of my own call and initiations into the Sacred Feminine Mysteries in the early 1980's. It includes dreams, Jungian

psychology, kundalini awakening, the arising of the women's mystery school, and information about the archetypes of the Mother, the Amazon, the Lover, the Medial and the Queen.

I also discuss the process of initiation, longing, mythic perspective, the evolution of the mystery school, and this feminine path of spiritual awakening. The writing is a weaving of memoir with the learnings distilled from my time stewarding the Temenos Center and the Temple of the Sacred Feminine. 63 pages

Temple Store: <http://www.templeofthesacredfeminine.com/Temple/Home/index.html>