



Temple of the Sacred Feminine

We Are the Ones We Have Been Waiting For

2009-2010

Sophia Center, Lineboro, MD

September 17-20 and December 10-13, 2009

March 18-21 and May 6-9, 2010

Registration is NOW, 2009

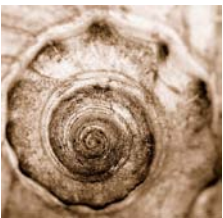
Women's Temple Initiation is a profound and mysterious thing. This Temple had its birth in 1983 as the Temenos Center, where workshops and trainings were offered in Jungian psychology and the archetypal Feminine. The Temple and its living field of consciousness has been unfolding and evolving as a vital contemporary Women's Mystery School and ongoing community ever since. Participation brings about radical paradigm shifts, deep healing, and awakening within the accumulated field of the Sacred Feminine energies. Archetypal initiations bring forth hidden treasures and empower women in unimagined or longed-for ways.

This Year's Temple is going to address the unique place we each have in the Great Cosmic Shift that we are *now* in. Winter Solstice, December 21, 2012, is the date given by the Mayans and others as the date when the earth tilts on its axis toward the center of the Milky Way, the Great Central Sun, shifting the magnetic fields of the earth. As we tilt toward the center of our galaxy, we are more affected by the magnetic energy of it. *We are in the field of 2012 NOW—it's happening NOW!* This Galactic Alignment, which began with the Harmonic Convergence in 1987 and will conclude in 2023, presents a thirty-six-year window of opportunity for humanity to participate in the creation of a new era of expanded consciousness and living from the Heart.

This is a **CALL to Women**: World teachers, medicine people, indigenous people, gurus are saying that **WOMEN ARE NEEDED** to bring in the Feminine Energies for this shift: Grandmothers and Crones, Mothers and Amazon Warrior Women, Activists and Pacifists, Lovers of Earth and Embodiment, the Shamans, Visionaries, Artists, Writers, Medicine Women, Midwives, Business Women, Teachers, Healers, the Wise Women and the Queens--all women who are feeling called to take their place in the grand scheme of things unfolding—even, and especially, if you don't know what that place is or what you have to offer.

This is for Young Women who are just beginning their Sacred Journeys into the world, Mid-Life Women who have raised their children and are called to the Next Step, and for women who are beginning, in, and completing their second Saturn return where life as you knew it is over, perhaps still de-constructing, and the New Life is not fully here yet.

If you are feeling the Call, you have a place in the unfolding of this extraordinary time of radical de-construction and re-construction, death and birth.



What is the significance of 2012 and what is actually happening to the planet and to us?

This timing has been calculated by the ancients and verified by science as the *end and the beginning* of a 5125-year cycle, coinciding with the *end and the beginning* of a 26,000-year cycle called the precession of the equinoxes—an extremely rare event in the history of the planet. The precession of the equinoxes has been recognized by many civilizations from ancient Egypt to India to the Mayans.

It is our journey across the universe, described as a circular path that carries us through the 12 zodiac signs. We are now in the transition from the Age of Pisces into the Age of Aquarius.

Aquarian consciousness holds a template of holism, unitive consciousness, love, concern for the planet, and compassion for all of life, where the Piscean template has been fear-based, divisive, and dualistic. Look at the world now: full of war, hatred, violence, cataclysmic earth changes, diseases, and horrors beyond our imagining that are destroying the planet and life as we have known it. These things have been documented to have happened 5000 years and before, as one world age cycled to an end and a new one began. Modern discoveries confirm that the Earth's orbit, tilt, and wobble throughout the journey creates the ever-changing cycles that influence everything from temperature and climate to polar ice and the planet's magnetic fields.

In the same way that the Earth's rotation makes the darkest part of the night appear just before the dawn, our position in the heavens is such that the darkest part of our world age (the Kali Yuga) appears right before our heavenly orbit begins the return that brings us closer to our galaxy's core. With that return, we experience relief from the cataclysmic forces of the cycle's darkness. We have been seeing this darkness for some time. Since the 1980's, we have also been seeing a profound and widespread shift of consciousness toward spiritual awakening. When we are in the ascending portion of the orbit that carries the earth closer to the Milky Way's core, we become more conscious. When we're in the descending orbit that carries Earth away from the core, it's just the opposite. The darkest part of our world age appears right before our earthly orbit begins the return that brings us closer to our galaxy's core. With that return, we experience relief from the cataclysmic forces of the cycle's darkness.

Just as with the inbreath and the outbreath, there is a still point between the ending and the beginning of a cycle. It is a place where neither the old nor the new exist. It is a choice point, when we can choose as a planet how to solve our problems, how to enter the new age and not repeat the destructive patterns of the age that is completing.

The way the conditions play out is determined by the choices we make. We can choose to live this time from Heart or from fear. Heartful living is essential to cultivating a collective consciousness that is not rooted in fear as life on earth has been for such a long time.

It only takes the $\sqrt{1\%}$ of a population to initiate a change in the field of consciousness. We each hold the potential of activating this change from living in/from fear to living in and from Heart during this extraordinary time.



How are you called to participate? What are you longing for?

In this upcoming spiral of the Temple, we are going to prepare and empower ourselves and each other to meet and participate in these extraordinary times. Some of our exploration and learning will be in the following areas:

- ♥ Deepening Initiation into the Archetypal Mysteries of the Mother, the Amazon, the Lover, the Medial Woman and the Queen – shadow work, healing, empowerment, revelation, creation, sharing the gifts
- ♥ Training and direct transmission of Samyama for Heart Meditation and Healing, clearing our identifications with the past, our fixations, and opening to the gifts that we have
- ♥ Cultivation of non-dual awareness
- ♥ Opening to the quantum unimaginable
- ♥ Learning to live from the Great Heart of Spaciousness and supporting others in doing so
- ♥ Falling in Love with the Unknown, meeting each moment with presence and heart, opening to what is as it is, living with passion, joy and creativity
- ♥ Understanding the cosmic, collective, and personal magnitude of this 2012 shift of consciousness and planetary changes and how you are called to participate (it's happening *now!*)
- ♥ Building the skills to meet chaos, fear, the deconstruction of life as we have known it even while mid-wiving the birth of the new life
- ♥ Making the paradigm shift and learning how to support others in making the shift
- ♥ Cultivation of each woman's Point of Light and path of service and creative expression in the world during these extraordinary times of cosmic and collective shift
- ♥ Ritual, Self Inquiry, Readings, Audio Listening, Writings, Art Making (no experience needed), etc.
- ♥ Personal Ritual work to do at home between gatherings (previous Temple participants will have new options)
- ♥ Partnering with other participants for some of the personal ritual work
- ♥ Teleconferences - one each of the months between Temple meetings – 5 altogether

Preparation: Go to www.templeofthesacredfeminine.com to read and listen to audio on the Archetypes of the Feminine, purchase/listen to Meditations from a Women's Mystery School, Vol. 1: Invoking the Sacred Feminine (can be purchased at www.dangerousoldwomen.com)

If we have not worked together individually, I request that we have two sessions prior to the start of the Temple, both to get some background information and a sense of what you are asking for, as well as to answer your questions.

Requirements of Temple Participants: Each *new woman* must be receiving two sessions of Samyama with me or another Samyama practitioner each month from the beginning of the Temple in September through the end of the Temple in May. Women who have been in previous temples can discuss their needs regarding sessions with me. If you work with a practitioner other than me, a session with me will be required each of the months we do not meet in the Temple so I can best support your initiatory journey.

Location: Sophia Center, Lineboro, MD

16 days of Temple:: September 17-20 and December 10-13, 2009, March 18-21 and May 6-9, 2010

Temple Meeting Times: 12-5PM, Thursday – Sunday; there is a half hour snack break mid-afternoon

Temple Teleconferences: Oct. 20 and Nov. 17, 2009; Jan. 19, Feb. 16, Apr. 20, 2010

Tuition: \$2600 – save \$100 if you register with \$300 deposit by July 15, 2009. See payment plan below.

Payment: \$300 deposit with registration, and five subsequent payments of \$460, due September, November 2009, January, March & May 2010 - **Payment Plans are available** : contact me and I will work with you

Payment can be by check or credit card: Sheila Foster 4928 Carter Court Boulder, CO 80301

Registration by July 1: \$300 deposit with registration

For information and/or directions to Sophia Center, please email: temenosctr@aol.com

Refund Policy: Full refund minus \$50 with written request before August 1, after that date 50% until September 1, then refunds are not available.

Bibliography:

The Divine Matrix – Gregg Braden

Fractal Time – Gregg Braden

The Mystery of 2012: Predictions, Prophecies and Possibilities – anthology with Gregg Braden and others

Spontaneous Healing of Belief – Gregg Braden

Serpent of Light: Beyond 2012 – Drunvalo Melchizedek

Stillness Speaks - Eckhart Tolle

The Power of Now - Eckhart Tolle

Emptiness Dancing - Adyashanti

The Impact of Awakening – Adyashanti

The Diamond in Your Pocket - Gangaji



Sheila Foster, M.A. – for my bio, as well as other information and audio on the Sacred Feminine, please go to my website: www.templeofthesacredfeminine.com

Contact:: temenosctr@aol.com